**Healthy Schools Meeting Minutes**

**10.2.2022**

Attendance: Jo. S and Tracy. M

Apologies: Katie T - Stibbington

**Upcoming Events:**

Spring – Apple Decorating competition

**Future Events:**

Every Kid Week 25th-29th April, events to be organised in school nearer the time. Folder has been set up on the Drive for resources to be added by Jo and Tracy.

Walk to School Week 17th-21st May – Tracy has registered the school to see what resources are available to us. Nearer the time we will inform staff and parents of the plans but likely to be stickers for participation and photos to be sent via Dojo to class teachers.

Healthy Schools After School Club – Boosters are currently running so this will be postponed to the Summer Term if not September 2022.

Meal of the Week – After February half term. A ‘pinch of nom’ website, recipes for ‘fakeaways’ that are healthier and cheaper. Jo to post recipe for the first week back.

Class Teachers to allow children time to complete posters for the East of England Ambulance Service to decorate their wellbeing shelter. 4JSRW have already completed and will get in contact to send them off. Jo to send email to teachers to see if any other classes have completed before sending ours off.

Weds 23rs February – Jo to Meet Bethan and Joanne from ‘Healthy You’ to discuss actions to achieve the Healthy Schools Bronze Award.

**To Do’s:**

Friday Fruit Stall – Jo to email Katie to see if this has been happening.

Tracy to post Healthy Paced Lunch ideas to Dojo for parents. Tracy to contact other schools regarding their Healthy School procedures.

Email Stef. R regarding possibility of starting up staff exercise classes or some form of yoga/meditation.

Apple Decorating Competition – Jo to speak to Rachel Buck to get it put on parent pay £1 entry fee. Jo to create a poster to post to Dojo to inform parents.